

## A DEVOTIONAL ON THE TEN COMMANDMENTS

### 1. YOU SHALL HAVE NO OTHER GODS BEFORE ME.

ōLord, You are without equal. You alone are God. I detach myself from any other competing loyalty for my ultimate affection-whether people, success, money, reputation, earthly security or any other created thing. *You alone are my Source of life.*”

### 2. YOU SHALL NOT MAKE FOR YOURSELF AN IDOL (I.E. ANOTHER IMAGE FOR GOD)

ōLord, forgive me for bringing you down to the level of my own mind, for shaping You according to my own fears and ideas. Give me grace to follow You on the journey You have for me -- like Abraham -- into the unknown, trusting You. *You alone are my Source of life*”

### 3. YOU SHALL NOT MISUSE THE NAME OF THE LORD YOUR GOD.

ōLord enable me to represent You as the Source of life in all I do, say, think- in every conversation and interaction this day. I feel so inadequate to do this, but my heart is willing. Fill me with Your Holy Spirit to help me this day. *You are my Source.*”

### 4. REMEMBER THE SABBATH DAY BY KEEPING IT HOLY.

ōI recognize that when I don't rest or stop, I return to a life of bondage. Help to develop a rhythm of daily and weekly times of stopping and remembering. Thank You for the gift of this command. *You are my Source.*”

### 5. HONOR YOUR FATHER AND YOUR MOTHER.

ōLord, thank You for the man and woman you used to give me physical life to enter this world. Bless them. Help me remember with gratitude those through whom You chose to give me life. Help me to work out practically what it means to care and pay attention to them ó while recognizing-: *You are my Source.*”

### 6. YOU SHALL NOT MURDER.

ōLord, You are the source of all life on earth. All humans are infinitely precious to You. Grant me grace today to love people as made in Your image, to speak words that bring life not death that edify and not tear down. *You are my Source.*”

### 7. YOU SHALL NOT COMMIT ADULTERY.

ōLord, thank you for protecting me, children, families and the fabric of society through the gift of sexuality within the power of a lifelong promise. Help me be faithful in honoring the promises that I have made, or others have made, as husbands and wives. In the midst of a world so far from your intentions related to sexuality, and despite my own brokenness, free me to live purely, rightly, and respectfully both to myself and all those with whom I will interact this day. *You alone are my Source.*

### 8. YOU SHALL NOT STEAL.

ōLord, You have given us all things on earth to enjoy and to use as gifts for our journey in life. Help me today to not be greedy, nor wasteful of the earth's resources, especially those You have entrusted to me. Help me to enjoy the good

things of the earth and to know the happiness of sharing with others. Truly, *You are the Source.*

### 9. YOU SHALL NOT GIVE FALSE WITNESS.

ō Lord, help me not to lie today. When I lie, I create another reality, an illusion. I end up excluding You from my life, damaging myself and others. Lord, grant me discernment and then the courage to exit the lies, half-truths, exaggerations that mark our world. May I, by Your grace, live in truth with myself, others and with You. God you are the Ultimate Reality. You are the Truth. *You are the Source.*

### 10. YOU SHALL NOT COVET.

ōLord deliver me from any excessive desire I think is necessary for my happiness. You alone are worthy of my unrestricted longing and love because: ãYour love is better than lifeø(Ps. 63:3). *You alone are my Source.*

Please Enjoy This Poem ... *anonymous*

### THE U IN JESUS

Before U were thought of or time had begun,  
God stuck U in the name of His Son.

And each time U pray, you'll see it's true,  
You can't spell out JesUs and not include U.

You're a pretty big part of His wonderful name,  
For U, He was born; that's why He came.

And His great love for U is the reason He died.  
It even takes U to spell crUcified.

Isn't it thrilling and splendidly grand  
He rose from the dead, with U in His plan?

The stones split away, the gold trUmpet blew,  
And this word resUrrection is spelled with a U.

When JesUs left earth at His upward ascension,  
He felt there was one thing He just had to mention.

'Go into the world and tell them it's true  
That I love them all - Just like I love U.'

So many great people are spelled with a U,  
Don't they have a right to know JesUs too?

**Rejoice now and know it is true,  
He's given His all--because He loves U!**